

ABSTRACT OF THE DISCLOSURE

BOARD FOR GLIDING

- 5 A board for gliding for downhill skiing, of "shell"-
type construction, having, at least in its underfoot
zone:
- a lower gliding surface composed of a sole plate
bordered by metal edges;
 - 10 • a topsheet substantially parallel to the lower
gliding surface, on either side of the center
longitudinal plane of the board;
 - lateral faces extending between the metal edges and
the topsheet, said lateral faces having recesses
15 located below the plane of the topsheet and opening
out in the latter;
- wherein the base of the recesses forms a slope that is
inclined longitudinally relative to the lower gliding
surface and the topsheet.

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